

ASSISTING MEDICAL PROVIDERS WITH BATTLING THE OPIOID EPIDEMIC: AN EARLY INTERVENTION APPROACH

PRESENTED BY:

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WHO AM I?

- Christopher Holland-Deguire, PsyD
 - I am currently a Dallas Addiction and Leadership Training (DALT) Fellow
 - Clinical psychology by training
 - Clinical interests include in the interaction between SUD and Traumatic exposure within the LGBTQ population

TYPES OF PROJECTS

Clinical Projects

- In the Clinical Setting
- Program Development
- Process Improvement

Leadership Projects

- Staff Training
- Employee Engagement

Research Projects

- Review Paper

PRVNT-O PROJECT

Provider,

Risk-evaluation for,

Veterans,

e**N**gaging in medical,

Treatment

Opioid use disorder- edition.



PRVNT-O PROJECT

Goal for this Project:

- Developing a psychoeducational series for medical providers on how to identify early signs of opioid use disorder (OUD) as well as effective methods to aid in treatment for these Veterans.

Rationale for Project:

- It is believed that understanding and intervening early for Veterans demonstrating risk factors for developing OUD will aid in the management of the current opioid epidemic

Strategy for implementation (including timeline)

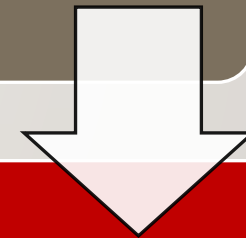
- Developing and finalizing the content of the 6 sessions
- Updated goal in roll out in June 2020

Anticipated challenges

- Obtaining buy in from the participants given the providers busy schedule; COVID-19 outbreak

TWO 1-HOUR PRESENTATIONS

First presentation is the backbone of the presentation



Second is skills presentation developed at having providers practice the skill in the moment

SESSION BREAKDOWN

1. Using and Integrating the STORM program/ Using National Registry
2. Using Patient Appointment Planning/ Discharge Planning
3. Risk Factors/ Observable Behaviors
4. Using CLEAR Language
5. Overdose Prevention
6. Psychoeducation:
 - Opioid Use Disorder, Physical & Psychological Addiction
 - Helping Patients Understand Pain and the Brain
7. Signs of an overdose
 - Narcan

SESSION BREAKDOWN (CONTINUED)

- Adaptive Coping Skills for pain.
- Skills: Mindfulness; Breathing; Values; Grounding
- Use in in room Exercise/ Body Movements
- Motivational Interviewing (MI):
 - Working with Ambivalence
 - Working with Discord / Recovery from Provider Slip-up
 - De-escalation Tools (Turning Sustain Talk to Change Talk)

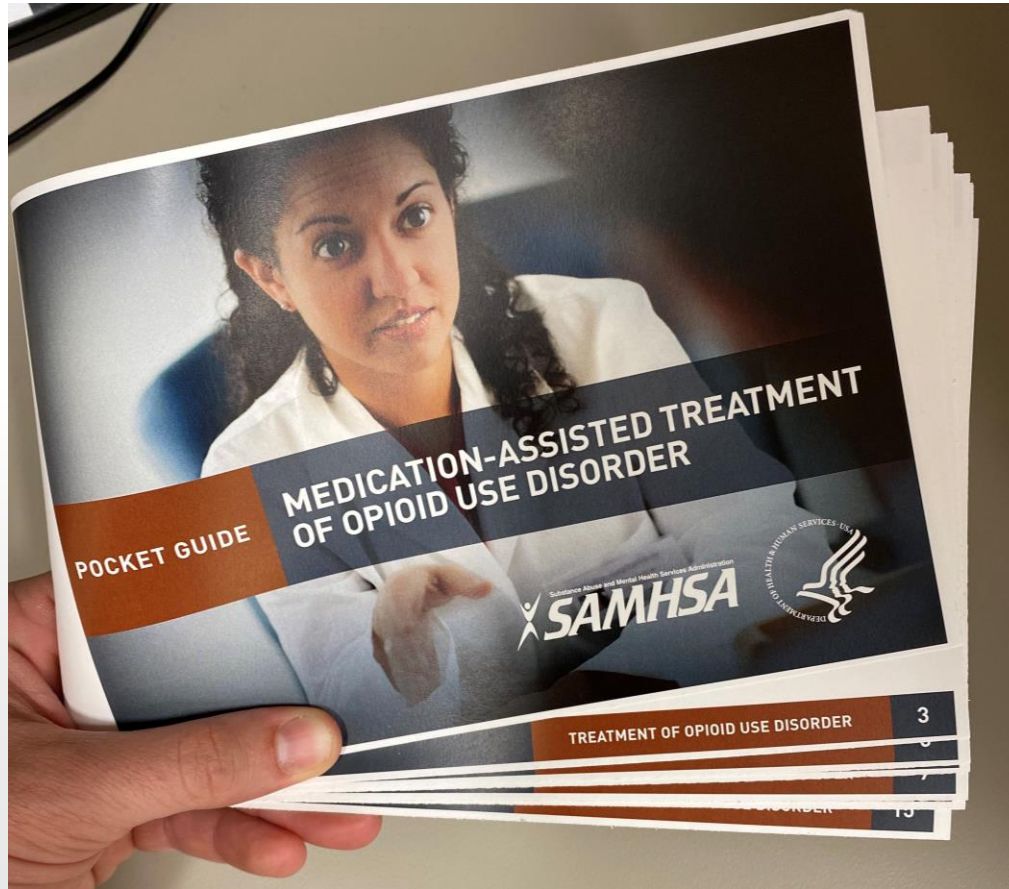
RESOURCES

The goal of this program is to give medical provider's a variety of resources and skills to aid in treating Veterans at risk of developing OUD.

- The skills include motivational interviewing skills, psychoeducation, and coping skills
- Resources include provider pocket guides, reference cards, and education on the use of electronic tools

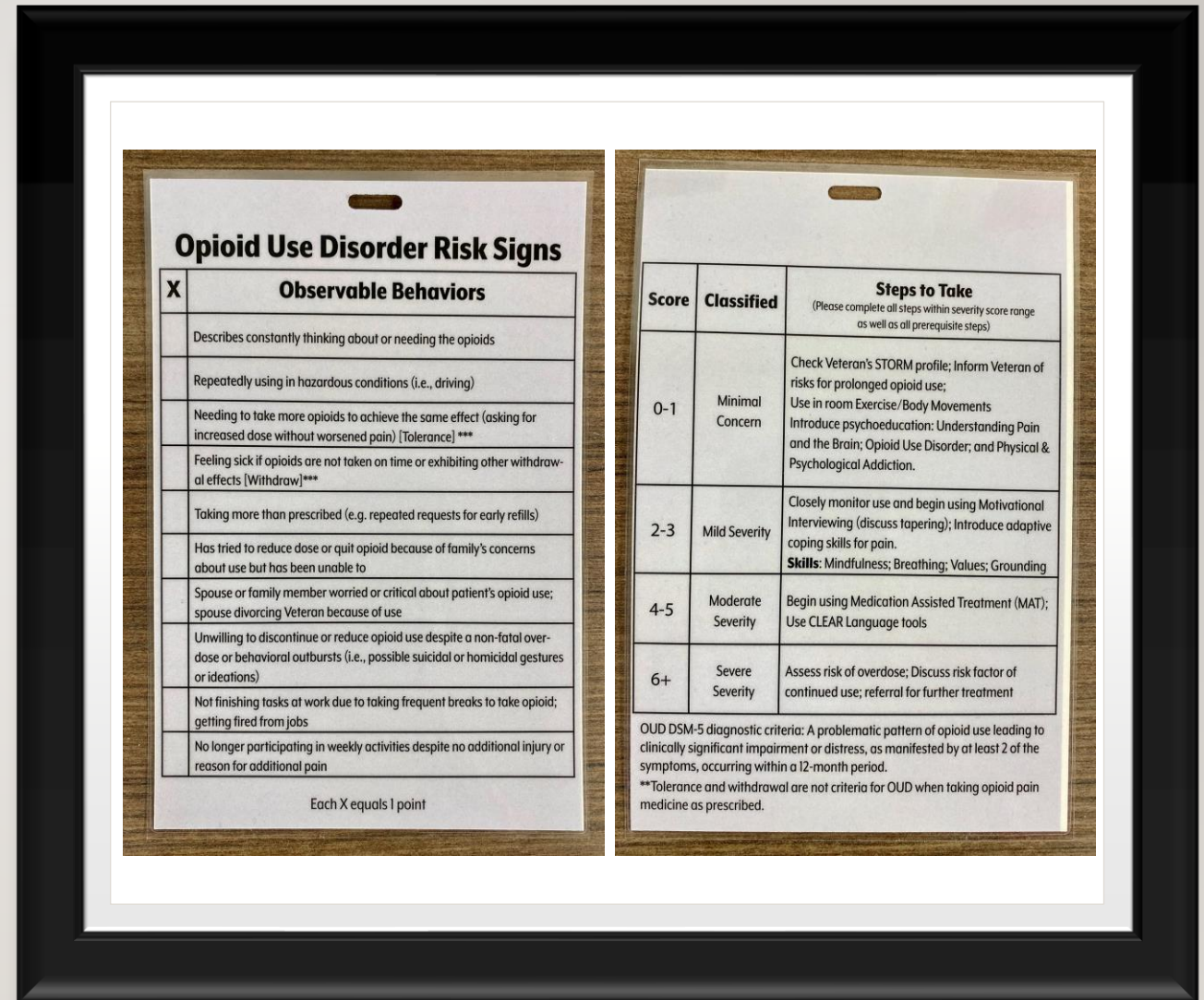
PROVIDER HANDOUTS

- Medication-Assisted Treatment of Opioid Use Disorder Pocket Guide
- Includes a checklist for prescribing medication, the clinical opiate withdraw scale, and goes over specific medication approved

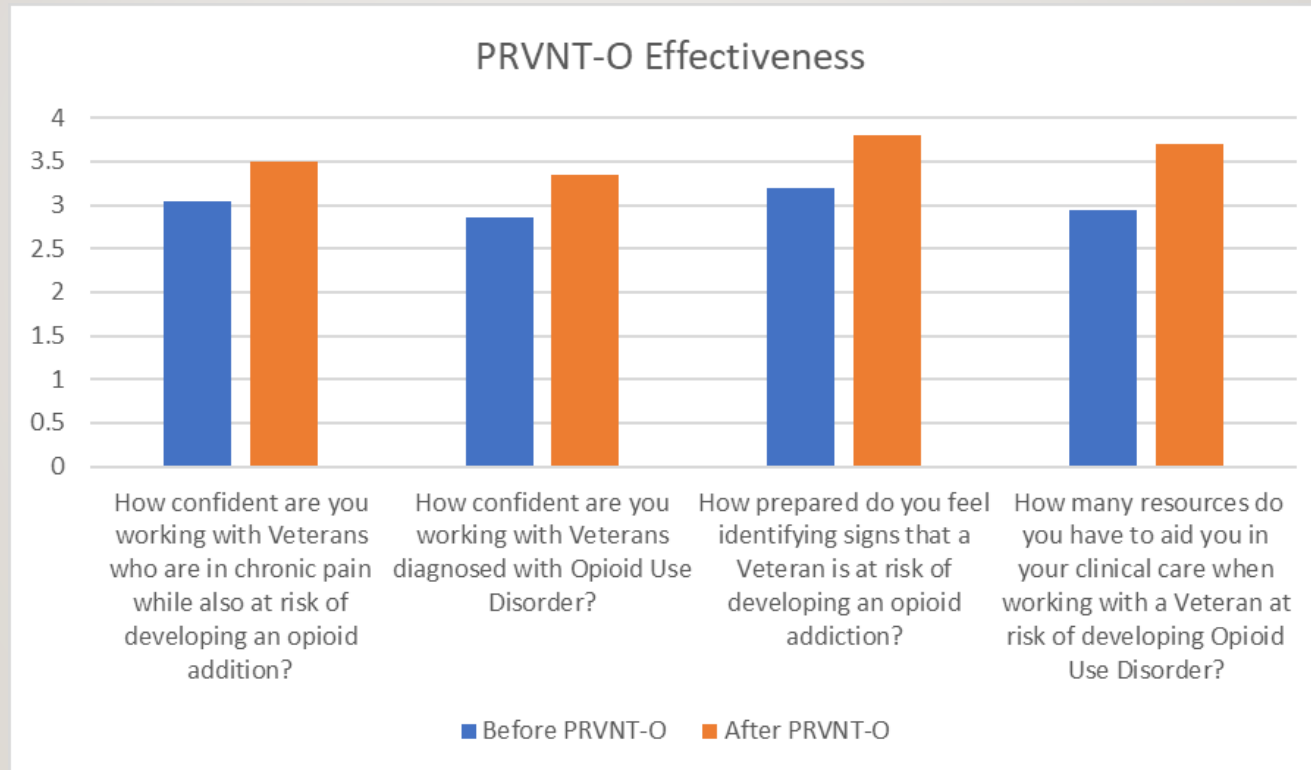


PROVIDER HANDOUTS

- An easily accessible, quick reference card for Opioid Use Disorder Risk Signs.
- Includes commonly observed behaviors as well as a severity indicator with the steps to take according to the Veteran's severity level.



RESULTS (QUANTITATIVE)



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- Two question:
 - What they liked:
 - “the resources and handouts”
 - “Lots of knowledge”
 - “Detailed information on communicating effectively”
 - What they would change:
 - “may go in depth on practical suggestions”
 - “more to aid in comfortable with having conversations and diagnose OUD”

QUESTION?

